

# HOSP – Public Health general update for Portsmouth

Helen Atkinson – Director of Public Health

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# Homelessness and health

- Portsmouth has been awarded £682k of additional funding for homeless drug & alcohol treatment from now until March 2022. This will fund a team of staff to engage and support people with their complex needs. This will include psychological and mental health support for those with co-occurring conditions. There will be additional funding for inpatient detox and residential rehabilitation for this group.
- Portsmouth has also been awarded an additional £150k p.a. funding from NHSE to provide specialist homeless mental health provision. This will build on and compliment the drug & alcohol project.
- We have undertaken Covid-19 vaccinations of rough sleepers and homeless living in hostels and other interim accommodation. To date we have vaccinated 61 people within this group, with further sessions planned.
- Public Health continue to work closely with PCC Housing and third sector homelessness providers providing Covid-19 advice and guidance

# Substance misuse

- Public Health England have advised that there will be additional drug treatment funding coming to Portsmouth. This is part of £80 million of additional national funding. Our allocation is not known yet, however the funding will be drug treatment specific and targeted at the criminal justice system and reducing crime; and harm reduction, specifically reducing drug related deaths.
- Additionally, part of the £80 million is allocated for bids to develop high medical support inpatient detoxification provision. Portsmouth is working with Hampshire, Southampton & the IOW on a joint proposal.

# Sexual Health

- Cross-practice referral pilot in place within primary care for Long Acting Reversible Contraception (LARC) to improve equal access
- Working group across HLOW PH team & the Local Maternity System to implement contraception within maternity settings
- Patient Group Directives (PGD) in progress to permit free emergency contraception up to 5 days after unprotected sex in community pharmacy
- All New STIs for all ages increasing & highest on record (2019\*)
- Working with Public Health England to understand rising Gonorrhoea rates (2019\*)
- Working with Public Health England to:-
  - reduce late diagnosis of HIV
  - work towards 2030 national target of Zero domestic transmission of HIV
- Demand on local sexual health services reduced by 30% on average, however demand for Abortions has stayed stable.
- Teenage Contraception data was lowest on record (2018\*)

\*Latest data available.

# In House Wellbeing Service

## Year to 30<sup>th</sup> September 2020:

- Received 2636 referrals
- Source:
  - Self 35%,
  - Primary Care 30%
  - Secondary Care 17%
  - Midwifery 13%
  - Other 5%
- 1655 took up support and
- 312 provided advice, information and signposted

## Screening for 4 risk factors, mental wellbeing and activation level:

- Smoking status
- BMI
- Physical Activity
- Alcohol consumption
- Warwick Edinburgh
- Patient Activation Measure

## Support Provided – 1431 Interventions:

- 1113 Smoking cessation (78%)
- 287 Healthy weight (20%)
- 31 Alcohol (2%)

**Brief Advice to 2066 clients**

**Joint working – 20 clients**

**Onward Referral to other services – 52 clients**

## Outcomes:

- Smoking: 997 set quit date of which 49% (493) remained quit at 4 weeks and of those 70% (346) remained quit at 12 weeks
- Weight: (most weights self reported) 73% of clients lost weight, 10% stayed the same, 17% gained weight (COVID) an average of 1.8 kilos
- Activation: average increase of 6.35% in individual's activation following Wellbeing Support
- Mental wellbeing: 55.5% improved, 13.5% remained the same and 31% declined

## Training:

Trained 339 face to face and 80 via Zoom (due to COVID) Health Care Professionals in Connect 9 (Mental Health), MECC (Making Every Contact Count), Smoking Cessation Practitioner Level 2

## Covid-19 and Current:

Still providing support via phone/Zoom

Currently 275 active clients

# Childhood Obesity

- Family weight management via Wellbeing Service continues to be provided.
- Physical Health Strategy for children is being up-dated, with a focus on excess weight, physical inactivity and breastfeeding included amongst the strategic objectives.
- A new national Sport and Physical Activity strategy highlights poor experiences of children and young people in sport and physical activity as one of 5 big issues to address. This will feed through to our regional strategy (currently being developed) and then into action planning with the Active Portsmouth Alliance later in year.
- Work with key professionals (maternity, health visitors and school nurses) and community physical activity organisations, continues. Development of resources and utilising joint working to tackle childhood obesity is on-going.

# Mental health and emotional wellbeing

- There is an expectation that there will be an increase in debt, financial insecurity issues and a rise in unemployment compounding mental health distress in the coming months, we are working with debt collection and debt advice services in the city to ensure that the system screens for mental wellbeing and signposts effectively.
- We are also working with mental health service providers to ensure that they screen patients for debt and money issues and signpost to debt support services.
- We are building capacity in anticipation of an increase of low-level mental and emotional distress across the city. Working with employers and trade groups through the Portsmouth Mental Health Alliance to offer mental health & wellbeing training (Connect 5), as part of their workplace wellbeing workstream.
- Review underway of Suicide Prevention Action Plan and refresh scheduled, informed by audit on coroners records of suicides and national intelligence on emerging 'at-risk' population groups to target prevention training and resources at key 'touch-point' e.g. community leaders, businesses and service providers.
- Set-up is underway of the local real time surveillance (RTS) i.e. gathering intelligence on suspected suicides that have taken place locally, trigger protocols for local partners response &/or escalating further action and provides the means to offer timely support to people who have been bereaved or affected by a suspected suicide.
- Locally we are leading the way on postvention for children and young people who are bereaved by suicide, the training and resource piloted here will also be utilised to build capacity regionally through the STP suicide prevention fund and regional RTS systems.

# Locally Commissioned Services (GP and Pharmacy)

Local Commissioned Services (LCS) are health services which provide a response to local health needs and priorities, and ensure additional local provision, delivered by GP and Pharmacy providers, in the areas of:

- Sexual Health; including LARC (long acting reversible contraception) and EHC (emergency hormonal contraception)
- Smoking Cessation
- NHS Health Checks (mandated)
- Substance Misuse; including alcohol awareness, needle exchange and supervised consumption.

The current contracts end March 2021 and Public Health are currently in the process of retendering for contracts to commence 1st April 2021.

# Healthwatch Portsmouth Re-tender

- English local authorities have a legal duty to commission a local Healthwatch service (Health and Social Care Act 2012)
- The current contract runs until 31<sup>st</sup> March 2021, and the current provider is Help & Care
- The Healthwatch service specification was updated using latest guidance and input from Healthwatch England
- A competitive tendering process was completed and in February 2021 a new provider was awarded the Healthwatch Portsmouth contract.
- The new provider from 1<sup>st</sup> April 2021 is The Advocacy People.

# Joint Working – Air Quality and Climate Change

## Air Quality

- Air Quality Exec Board - Public Health Chair
- Continued provision of health intelligence to support Transport colleagues in the delivery of the city's Clean Air Zone
- Transport colleagues undertaking a range of projects (e.g behavioural change project to reduce car use, promote active and sustainable travel), which delivers against broader health priorities (prevention, obesity, physical activity etc)
- Working in collaboration to broaden the scope of air quality work programme across Council services, seeking to better integrate planning, transport and public health on corporate priority issues
- Early engagement with NHS colleagues to:
  - Develop working links between the air quality agenda, clinical practice, skills and knowledge
  - Explore working with the NHS as an Anchor Institution

## Climate Change

- Cross-agency Portsmouth Climate Action Board created 2019 in response to Climate Emergency
- Chaired by University, Public Health and Portsmouth Hospital Trust included on membership
- Public Health currently using questions 8 and 9 from to the CfPS '10 Questions to ask about Climate Change' to better understand what climate change means for our most vulnerable communities ([CfPS-Climate-Change-LINKS.pdf \(cfigs.org.uk\)](#))

## Green & Healthy City

- Appointment of a Green and Healthy City Officer to coordinate a work programme focussed on 'greening' the city.
- Post managed in Public Health with strategic support from Planning Policy, sitting under the direction of a multi-directorate steering group.

# Joint Working – Transport

- LTP4 Consultation (December 2020)
  - Online consultation, stakeholder workshops
  - Large number of responses currently being analysed
- Public Health a member of LTP4 working group
- Key strategic objectives deliver positive health outcomes.
- Providing health intelligence to support flagship programmes, including:
  - Transforming Cities Fund / South East Hampshire Rapid Transit
  - Tranche 2 DfT Active Travel Fund

## Our priorities



Transforming public transport



Delivering cleaner air



Prioritising walking



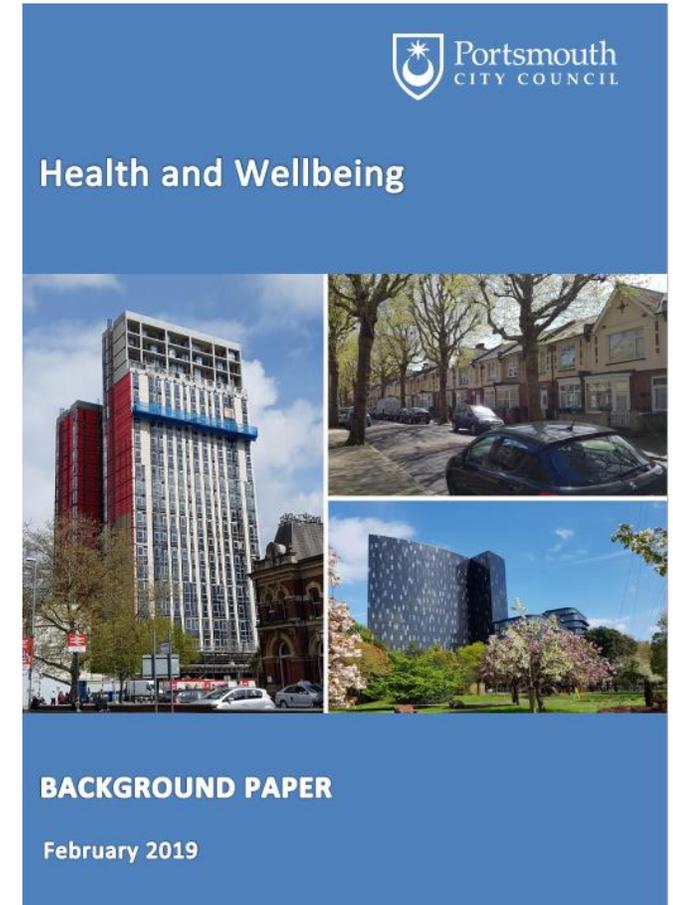
Prioritising cycling



Supporting business

# Joint Working - Planning

- Portsmouth Local Plan, sets policy requirement for Health Impact Assessment (HIA) for major development applications.
- Public Health working with Development Management colleagues to
  - consistently require HIAs,
  - respond to scoping requests and
  - to develop a clearly articulated framework for HIA submissions
- Public Health routinely consulted on development applications and included in:
  - Planning Performance Agreements
  - steering stakeholder groups for strategic development and regeneration proposals
- Emerging Local Plan:
  - Planning Policy colleagues have worked in collaboration with Public Health to undertake an HIA of proposed policies
  - Health And Wellbeing Background Paper updated December 2020
  - Health and wellbeing to sit as an overarching principle in the draft local plan, alongside climate change and sustainability.



# Public Health Intelligence

- Sourcing, collating, analysing and presenting the latest Covid-19 data and intelligence to a range of meetings and audiences to ensure informed decision making. This includes:
  - Local Outbreak Engagement Board
  - Health Protection Board
  - PCC Gold
  - Member briefings
  - HIOW LRF Recovery Coordinating Group
  - Health and Care Portsmouth Care Home Support meeting
  - Operational activity e.g. Local Contact Tracing Service
  - PCC communications with residents e.g. through the website and social media
- Working with HIOW Public Health analyst teams to provide a suite of products to support the Covid-19 response and recovery. This includes detailed modelling to local systems of potential scenarios around cases, hospital admissions and deaths, which informs planning around demand and capacity
- Continuing to produce data and analysis that supports the local authority and the health and care system to understand and respond to the needs of residents beyond the immediate challenges related to the pandemic. This will inform a refreshed Joint Strategic Needs Assessment that will underpin and enable cross-system priority setting through the next Health and Wellbeing Strategy for Portsmouth
- Building on the learning from joint work to address Covid-19 in order to effectively implement Population Health Management

# Joint working – violent crime

- Integration of the Community Safety analysts into the Public Health Intelligence Team formally took place from January 2021. The Community Safety analysts produce an annual Community Safety Strategic Assessment for Portsmouth that informs local partnership efforts to address the priority issues in the city.
- We continue to support the implementation of the serious violence strategy, including further research to understand the cohort at risk of being drawn into serious violence.
- Data is now regularly received and analysed on violence, drugs and alcohol related activity in the Emergence Department at Portsmouth Hospitals University Trust. This provides a richer understanding of these what are known to be under-reported issues to the Police.

# Joint Working – Portsmouth CCG

- Merging commissioned functions where appropriate with CCG and adults / children's
  - Shared resources
  - Potential to pool funding on programme areas
  - Main benefits from PH services perspective
    - Better join up of sexual health commissioning (remove false barriers between funding / provision)
    - Opportunity to improve join between mental health and addiction services
    - Link / support into Primary Care Networks as they develop
- Strengthened Intelligence links including:
  - Supporting intelligence-led Population Health Management approaches across PSEH
  - Providing maps and analysis e.g. using SHAPE to support CCG planning and decision-making
  - Engaging the CCG in joint approaches to key city challenges through the Knowledge Network, Modelling Stakeholders meeting etc

# COVID-19 Public Health Response

- PH rota provide advice and interpretation of the national guidance into HR plans for staff including use of PPE, social distancing, resident home visits, volunteering and infection control in care homes, schools, sheltered housing and our homeless accommodation
- Via our Communications lead, much of the internal and external facing communication messages on our intranet and internet sites have a PH focus
- Public Health Portsmouth has worked in partnership with colleagues across HIOW to develop a range of Covid-19 Intelligence products that are being used to inform the local response and recovery efforts – incl. modelling, recovery timeline and PCC GOLD dashboard
- PH are part of local Test and Trace arrangements (working with PHE) in terms of managing more complex outbreaks in Portsmouth.
- PH have set up the local contact tracing service in Portsmouth that follows up all confirmed cases of Covid-19 not contacted by the national team at 24 hours.
- PH have led the team setting up of the Community Testing Site in the Guildhall offering twice weekly asymptomatic testing to critical workers.
- PH have led the development of the local outbreak plans and the DPH Chairs the local Health Protection Board and sits on the local Member Led Engagement Board